**Cancer Risks**

**P1** 1In the United States, lung cancer kills more people in one year than all other types of cancer combined. 2This statistic is shocking, but the good news is that people are now well informed about the risks connected to lung cancer. 3They know that their risk of contracting this terrible disease decreases if they either stop smoking or do not smoke at all. 4Unfortunately, the same cannot be said about other types of cancer. 5Many people are not aware that their everyday behavior can lead to different forms of cancer. 6This essay, will explore various ways of how people can reduce their risks of getting cancer.

**P2** 7Instead of foods that are good for them, people often eat unhealthy foods, such as burgers, fries, and pizza. 8These popular foods contain large amounts of saturated fat, which is one of the worst kinds of fat. 9\_\_\_\_\_\_\_\_\_\_ light and fat-free products are constantly being introduced to the consumer market, many people still buy foods that contain fat because they think they taste better. 10However, eating fatty foods can increase a person's chances of getting some kinds of cancer. 11In addition, people do not eat as many fresh vegetables and fruits as they used to. 12Instead, they now eat a lot more processed foods that do not contain natural fiber. 13Lack of fiber in a person's diet can increase the chance of colon cancer. 14In the past, people with less information about nutrition actually had better diets than people do today. 15 They also had fewer cases of cancer.

**P3** 16Many people today are overweight and being overweight has been connected to some kinds of cancer. 17Since television sets are now a standard piece of furniture in most living rooms, people spend more time sitting down and mindlessly eating snacks than they did in the past. 18The first generation of TV watchers started the couch potato boom, and today's couch potatoes are bigger than ever. 19Health experts warn that being overweight is a risk not only for heart disease but also for certain kinds of cancer. 20The best way to reach a healthy weight is for people to cut back on the amount of food that they consume and to exercise regularly. 21It is not possible to do only one of these and lose weight permanently. 22The improved diet must be in conjunction with regular exercise. 23In the past, people did more physical activity than they do today. 24For example, most people used to walk to work; now very few people do. 25In addition, people had jobs that required more physical labor. 26Now, many people have desk jobs that require sitting in front of computers.

**P4** 27Finally, health officials are concerned about the dramatic rise in the number of cases of skin cancer. 28Many societies value a tanned complexion, so on weekends people tend to flock to the beach or swimming pools and lie in the sun. 29Many of these people do not use a safe sunscreen, and the result is that they get sunburned. 30Sunburn damages the skin, and repeated damage may lead to skin cancer later in life. 31Once the damage is done, it cannot be undone, thus, prevention is important. 32In the past, people did not lie in direct sunlight for long periods of time, and skin cancer was not as prevalent as it is now. 33People have started to listen to doctors' warnings about this situation, and more and more people are protecting their skin when they are outside. 34\_\_\_\_\_\_\_\_\_\_, millions of people already have this potential cancer problem in their skin and may develop cancer later.

**P5** 35Cancer has been around since the earliest days of human existence, but only recently has the public been made aware of some of the risk factors involved. 36Antismoking campaigns can be seen everywhere on billboards, in television commercials, on the radio, and in newsprint. 37If the same amount of attention was given to proper diets, exercise, and the right sunscreen, perhaps the number of overall cancer cases could be reduced.

<This essay was adapted and changed from Great writing, page 9>

1. Which paragraph represents the Introduction of this essay?
2. Paragraph 4
3. Paragraph 5
4. Paragraph 1
5. Paragraph 2
6. Which of the following two hook techniques are used in the introduction of this essay?
7. A statistic
8. A relevant question
9. A personal story
10. A quotation
11. Which sentence is the thesis of this essay?
12. Sentence 1
13. Sentence 6
14. Sentence 2
15. Sentence 27
16. Is this thesis a direct thesis or an indirect thesis?
17. Direct
18. Indirect
19. Neither
20. Both
21. What is the purpose of sentences 2, 3, 4 and 5?
22. explaining the hook
23. serving as major supporting details
24. providing more information on the topic
25. Connecting the hook with the thesis statement
26. Which paragraphs represent the body of this essay?
27. Paragraphs 1 and 2
28. Paragraphs 1 and 5
29. Paragraphs 2, 3 and 5
30. Paragraphs 2, 3 and 4
31. For paragraph 2, what is the function of sentence 7?
32. Topic sentence for the paragraph
33. Main supporting point for the paragraph
34. Example/detail for the paragraph
35. Concluding sentence for the paragraph
36. For paragraph 2, what is the function of sentence 8?
37. Topic sentence for the paragraph
38. Major support detail for the main idea in sentence 6
39. Minor support detail for sentence 7
40. Major support detail for sentence 7
41. Choose the best transition word for the blank space in sentence 9.
42. Nevertheless
43. Equally
44. Although
45. In other words
46. Based on your answer in question 9, what does the transition word you chose signal?
47. Sequence
48. Contradiction or opposition
49. purpose
50. Examples
51. What is the purpose of sentence 24 of Paragraph 3?
52. Conclusion of essay
53. Minor supporting details
54. Major support details
55. Topic sentence
56. What is the purpose of sentences 29 and 30 of Paragraph 4
57. Major support details for sentence 26
58. Connecting sentences for sentences 28 and 31
59. Minor support details for sentence 28
60. Build up to the concluding sentence 31
61. What is the best transition word for the blank space in sentence 34?
62. Unfortunately
63. Lately
64. However
65. But
66. What is the purpose of paragraph 5?
67. Conclusion to the complete essay
68. Summarize the introduction
69. Explain the body of the essay
70. Highlight the opinion of the author
71. What is the structure of a paragraph?
72. What is the structure of the introduction of an essay?